

L'arte spiegata ai bambini



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maestro Fabio

L'arte spiegata ai bambini



LIBRETTI GIÀ PUBBLICATI

1. Vincent Van Gogh
2. Salvador Dalí
3. Frida Kahlo
4. Keith Haring
5. L'ABC dell'arte moderna e contemporanea.

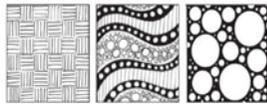


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Libretto 6

ZENTANGLE

Gli ZENTANGLE sono dei disegni astratti, creati utilizzando motivi che si ripetono, chiamati: "PATTERN".

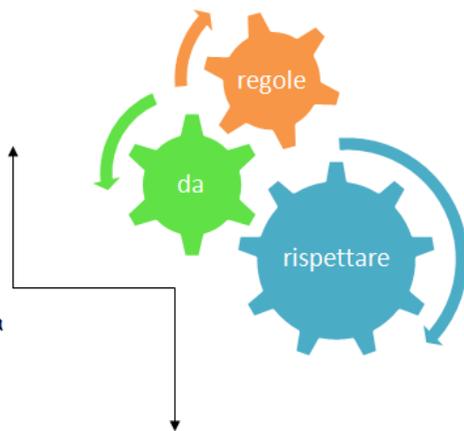


ESEMPI DI PATTERN

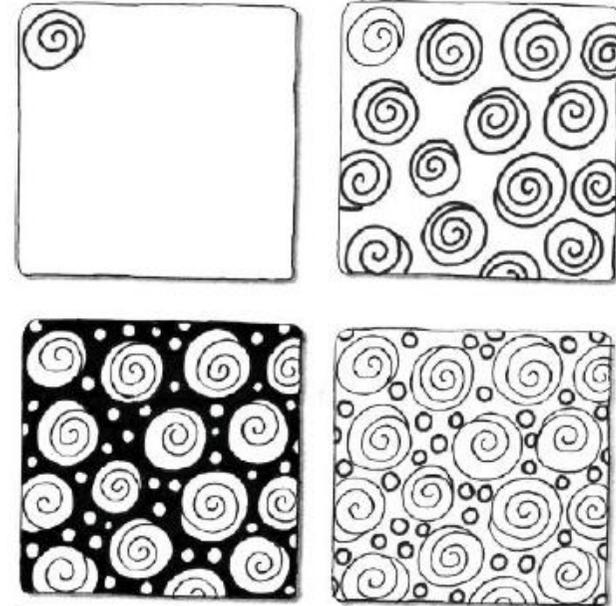
Questa tecnica aiuta la concentrazione, la meditazione, il rilassamento e sviluppa la creatività. Si realizza su un foglio quadrato sul quale vanno tracciate linee o motivi a mano libera.



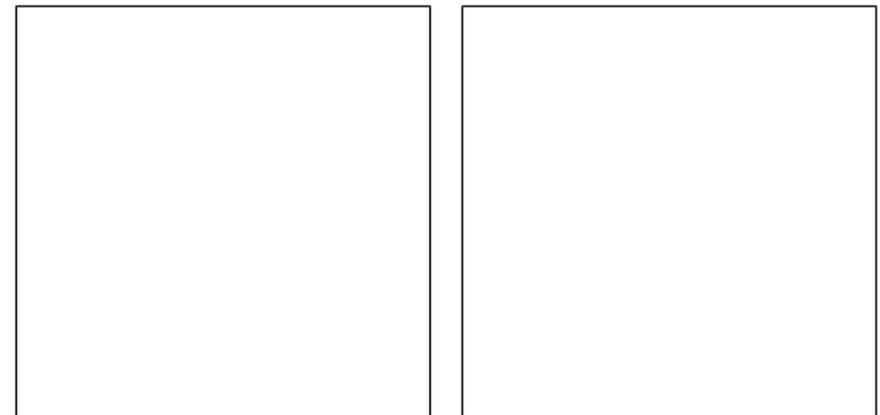
- Il disegno non deve avere un orientamento specifico: non ha né un sopra, né un sotto.
- Non deve rappresentare un oggetto riconoscibile ma solo forme astratte.
- La creazione deve essere spontanea e non pensata prima.
- **Per fare uno Zentangle occorre assoluta concentrazione !**
- Non si usa la matita ma un pennarello nero a punta fine o una penna.
- Vietata la gomma per cancellare



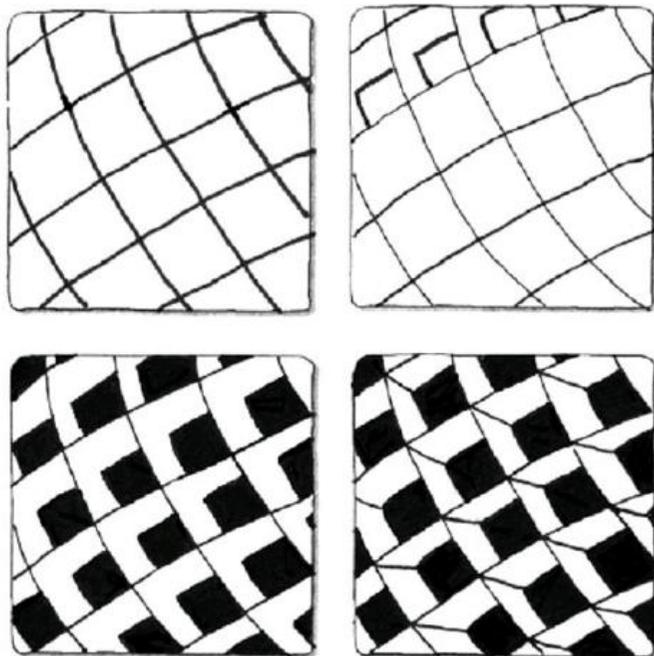
Printemps



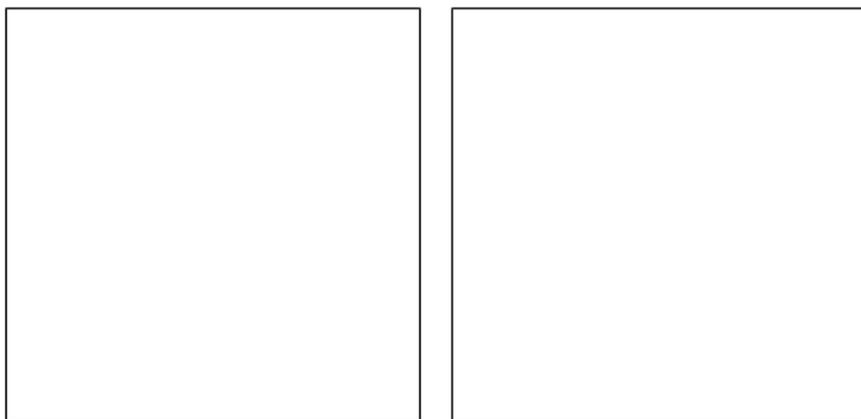
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CUBBINE



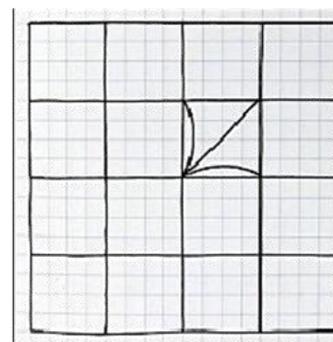
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I PATTERN

Questi sono alcuni tipi di PATTERN (motivi). Per disegnare questi occorre avere un po' di pratica.

Noi cominceremo con dei motivi più semplici.



Nella prossima pagina troverai alcuni quadrati. Traccia poi delle linee: curve, dritte, diagonali ... e disegna all'interno dei motivi.

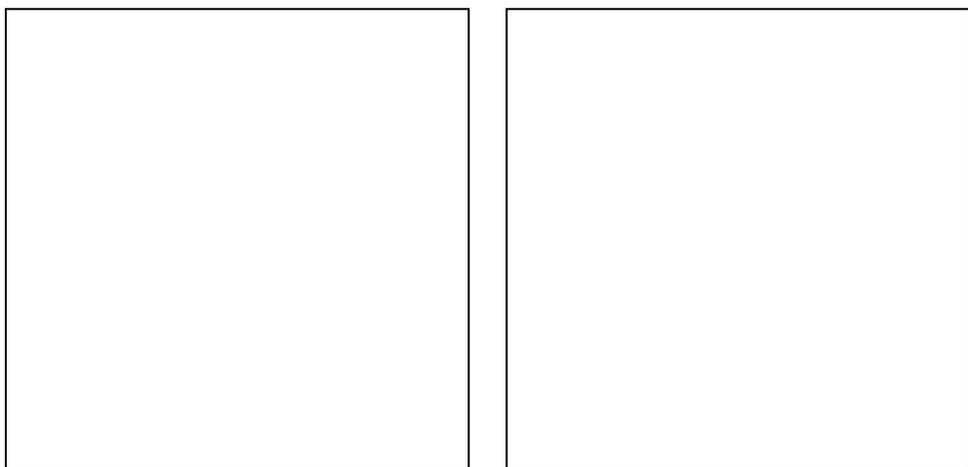
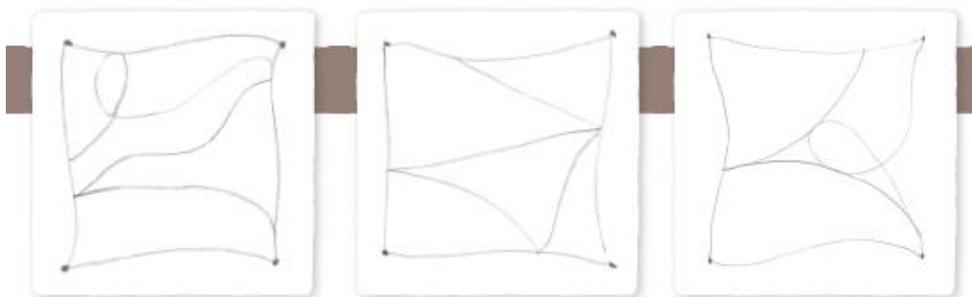
Una volta fatta pratica con le tecniche di base, possiamo fare dei veri e propri disegni astratti o utilizzare questa tecnica per colorare il nostro nome o ciò che vogliamo disegnare.



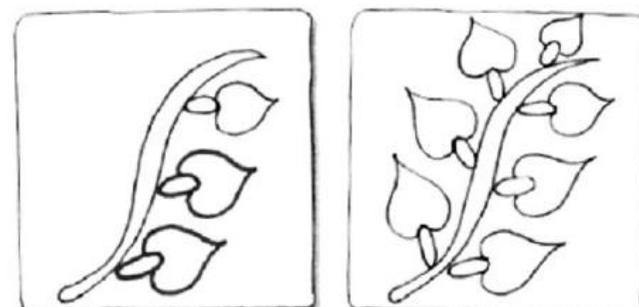
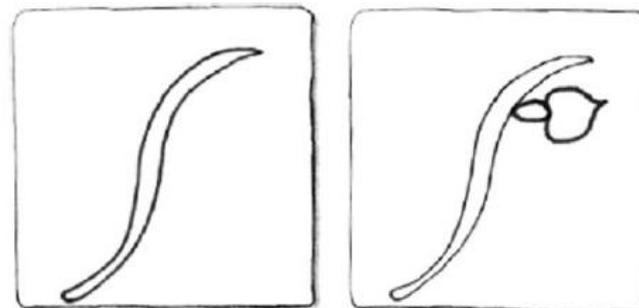
Per cominciare

Utilizza un pennarello nero a punta fine.
All'interno di ogni quadrato disegna delle
linee curve o drette.

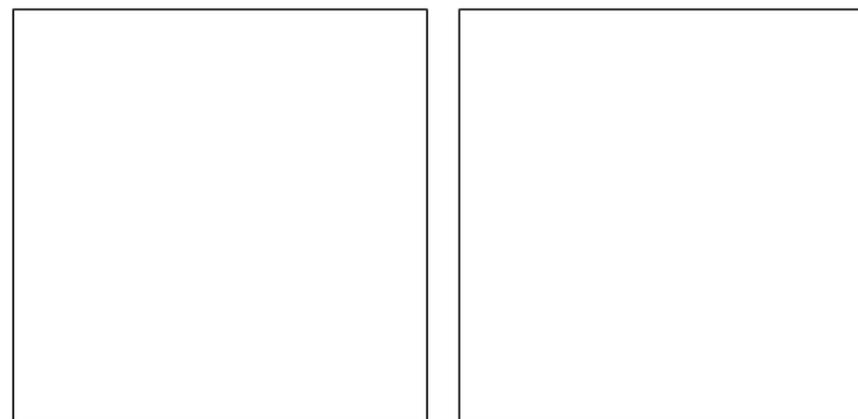
In ogni spazio disegna alcune trame
(pattern), lasciandoti trasportare dalla
tua fantasia.



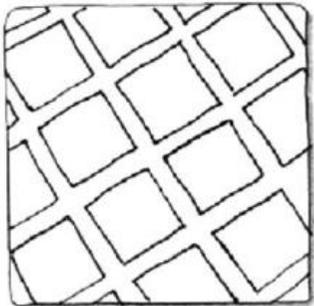
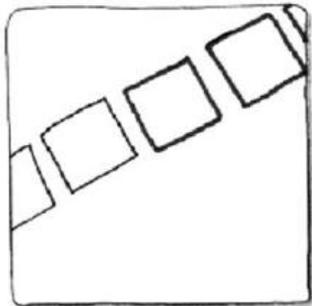
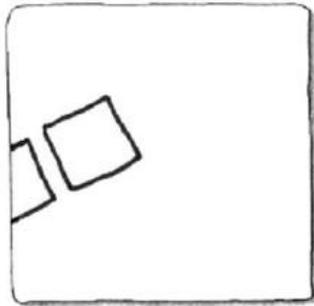
Growth



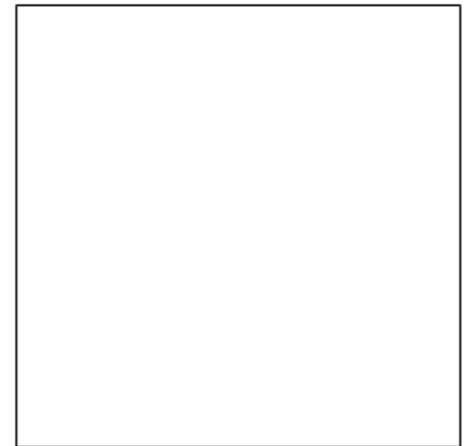
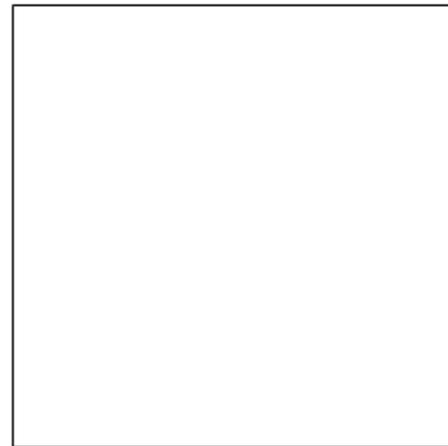
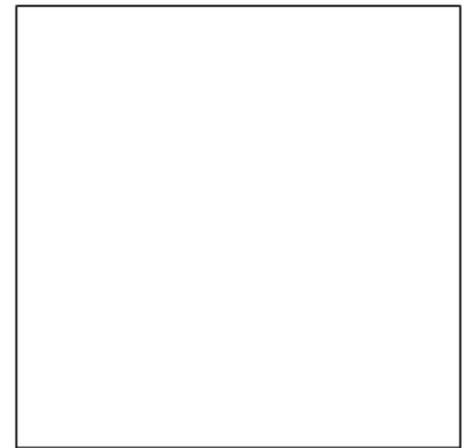
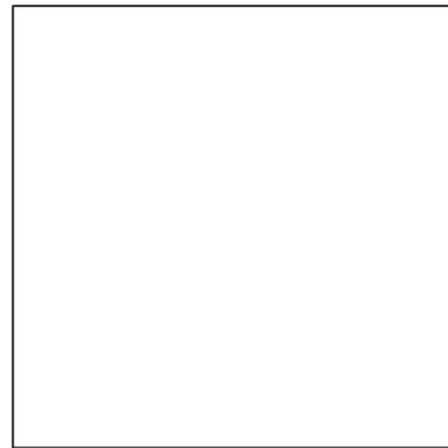
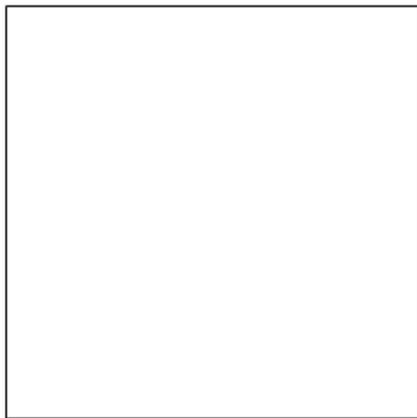
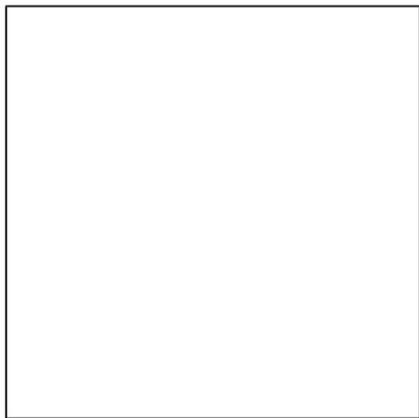
ORA PROVA TU



Squares



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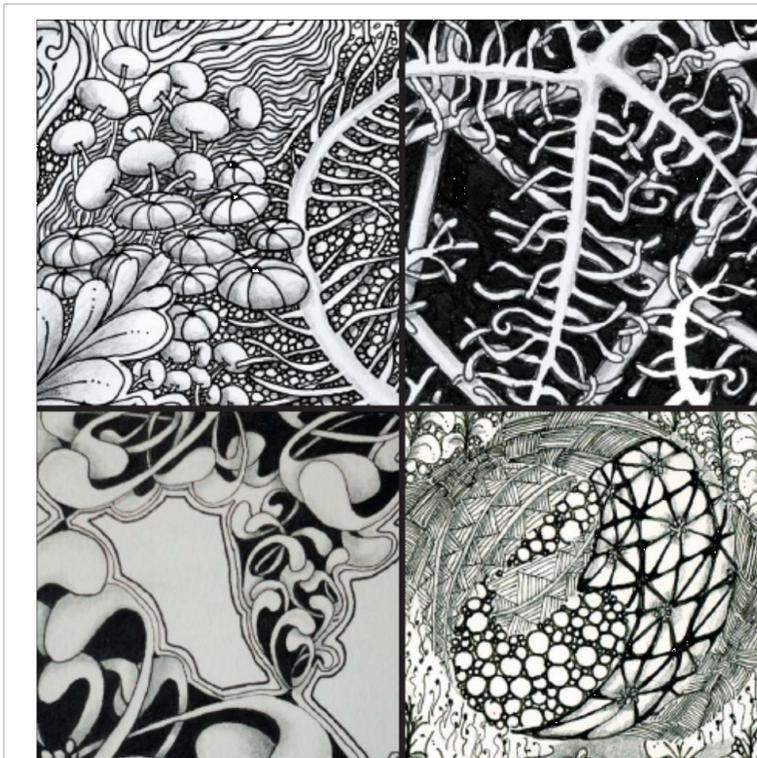


Mettiamoci alla prova!

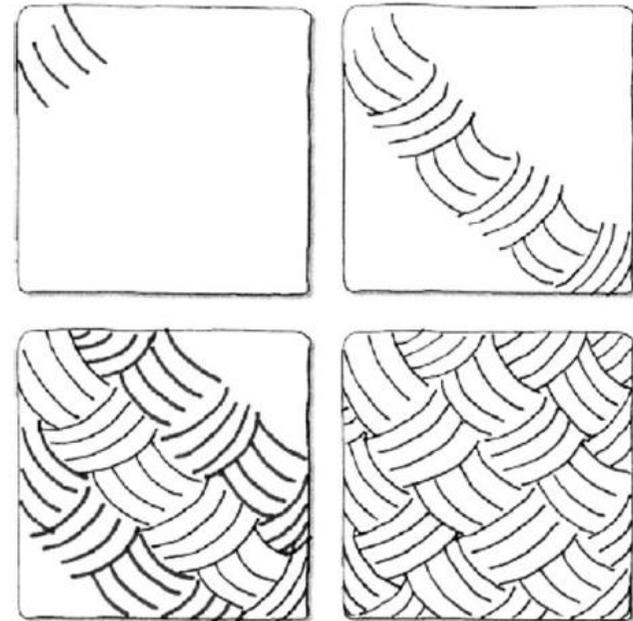
Ora che hai capito cosa sono i Zentangle, mettili alla prova realizzando i pattern che troverai nelle prossime pagine. Sono stati ideati dall'inventore di questa tecnica e, per ognuno, potrai vedere, passo dopo passo, come realizzarli. I pattern sono centinaia. Potrai cercarne altri su INTERNET.

Ecco alcuni esempi.

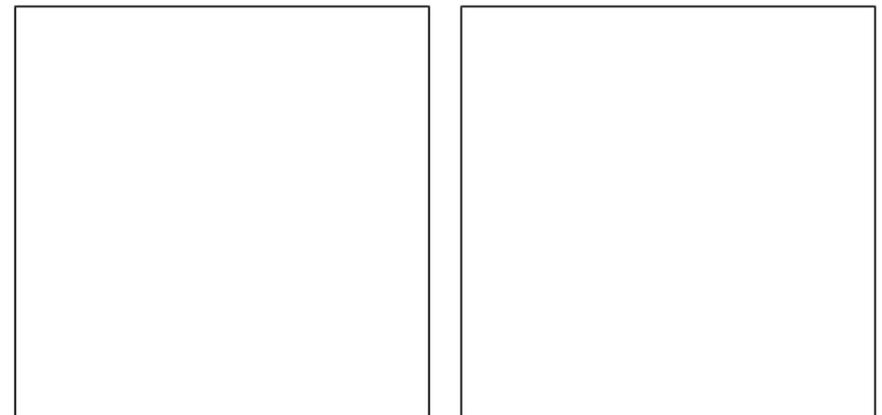
Se vuoi colorarli a piacere.



K E E K O

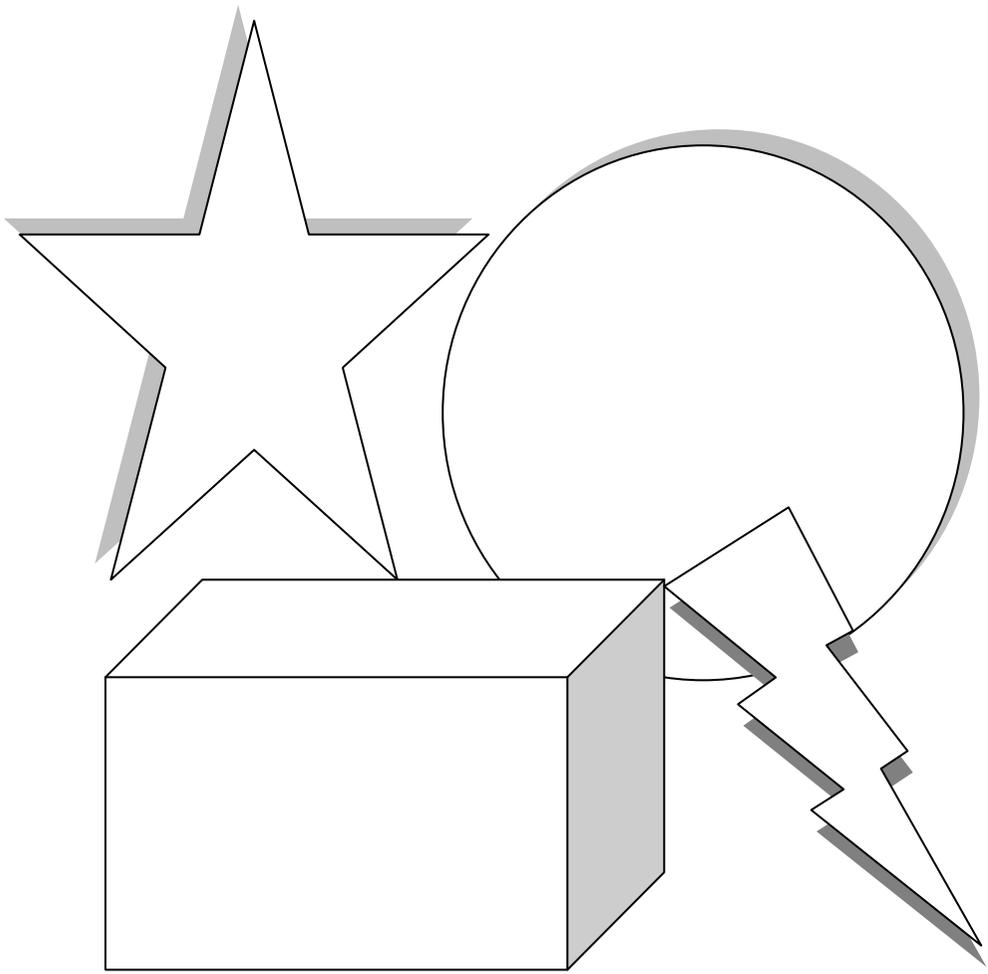


ORA PROVA TU

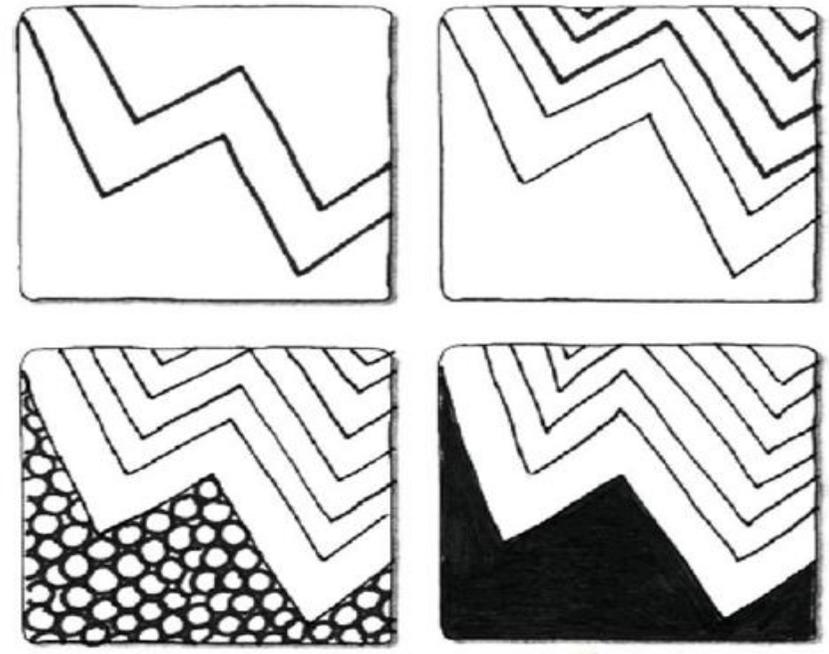


30triangles

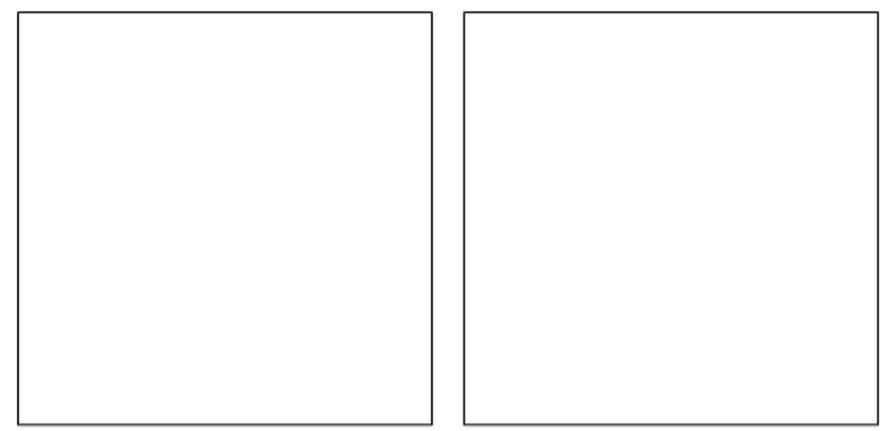
Dividi in settori queste forme.
Colora ogni spazio con i pattern mostrati sino ad ora.



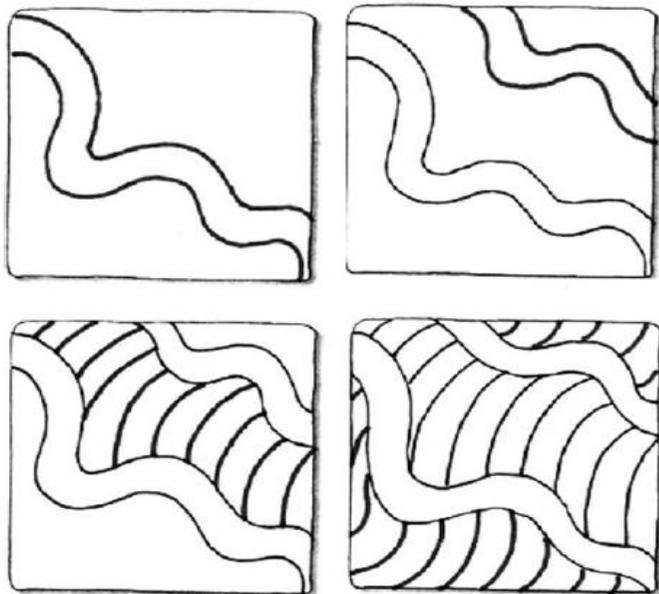
CHARTZ



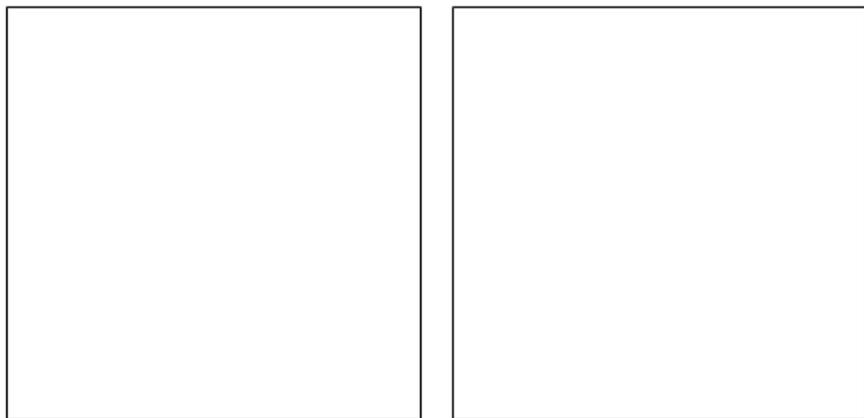
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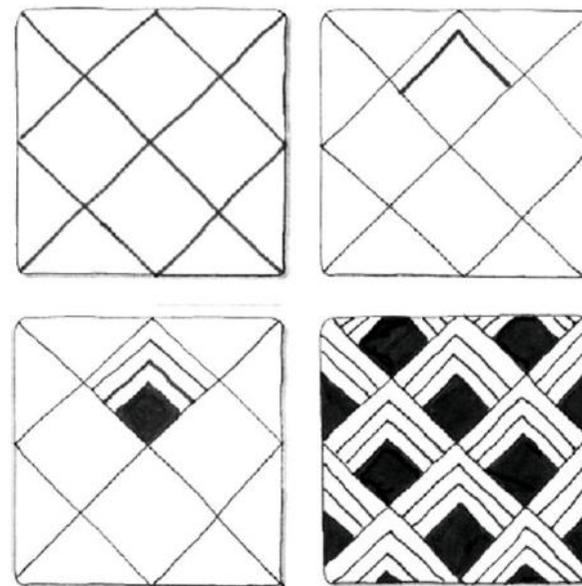
WAVES



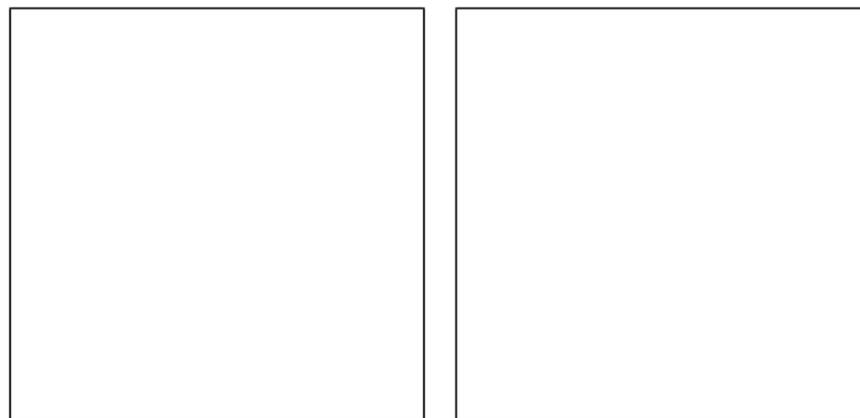
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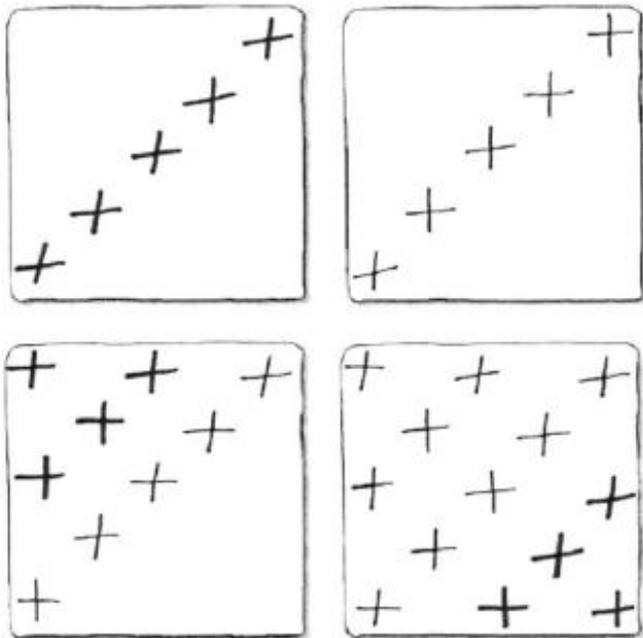
Flukes



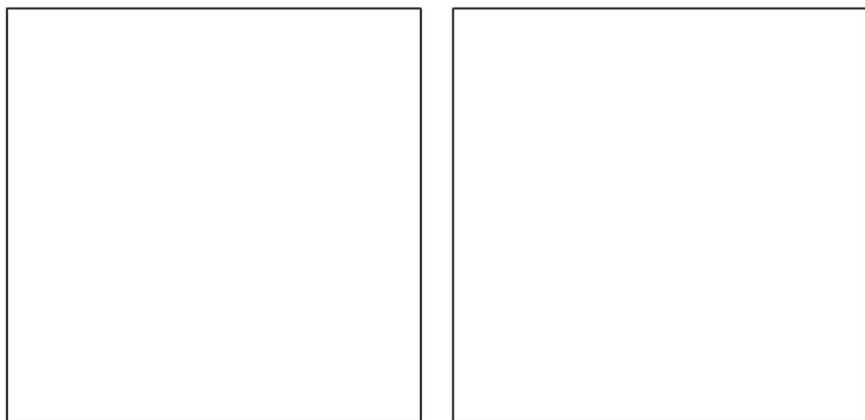
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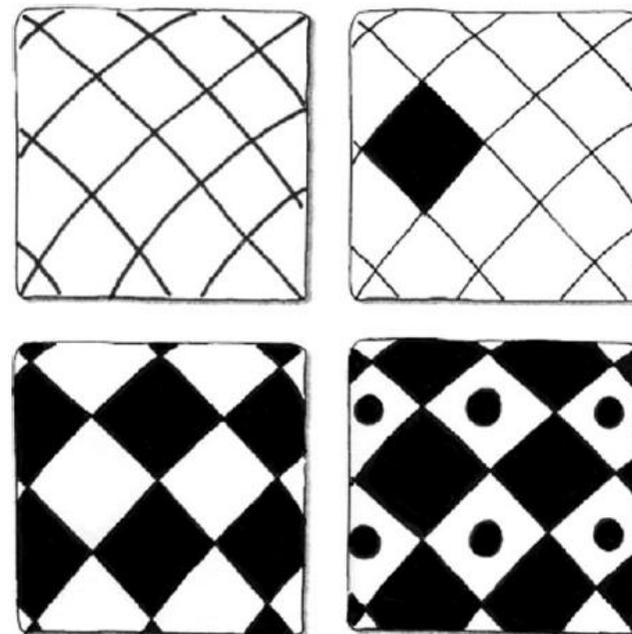
Cross Stitch



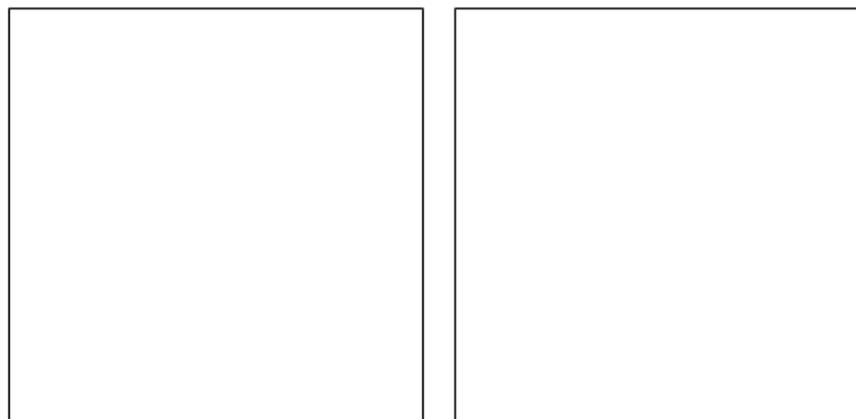
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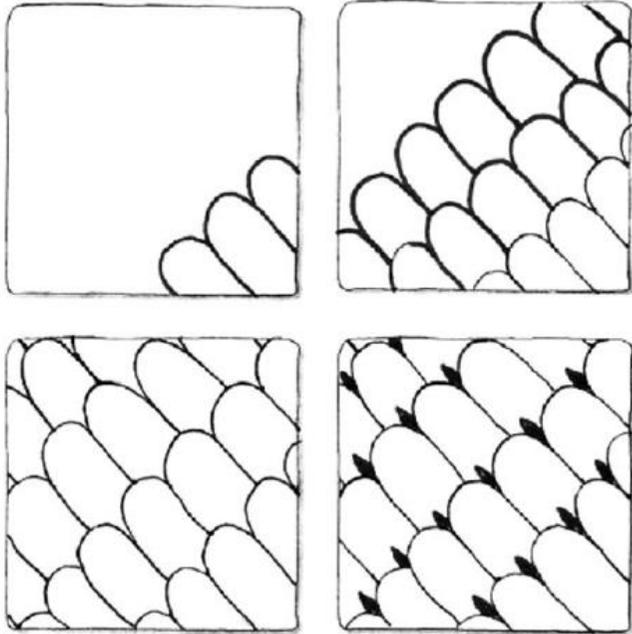
Knightsbridge



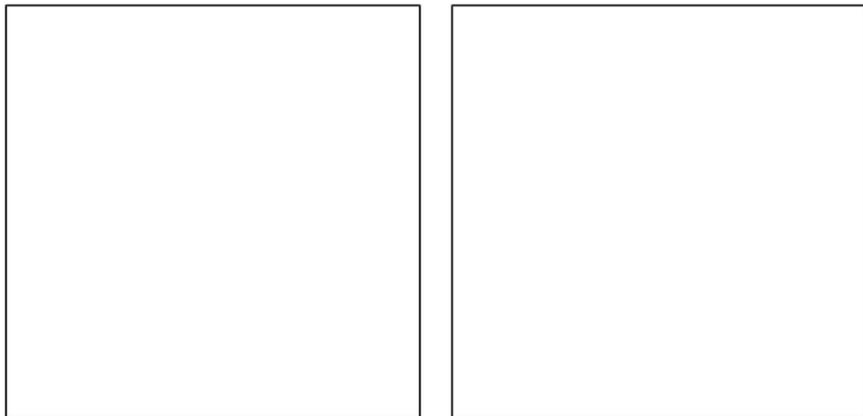
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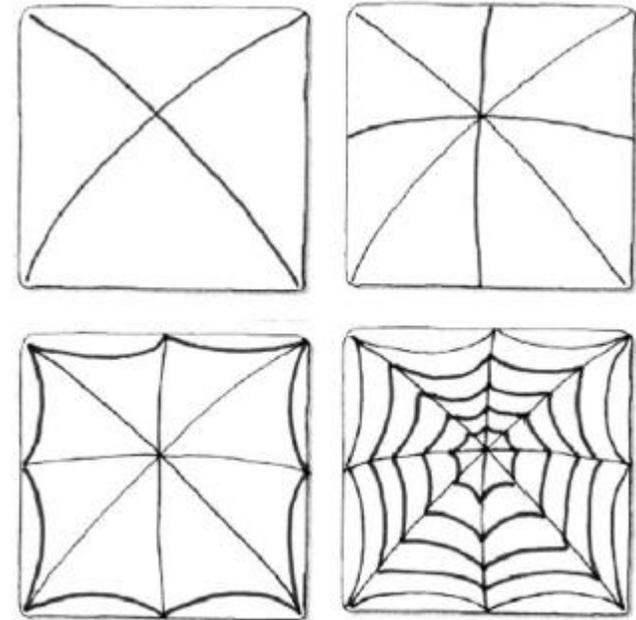
T a g h



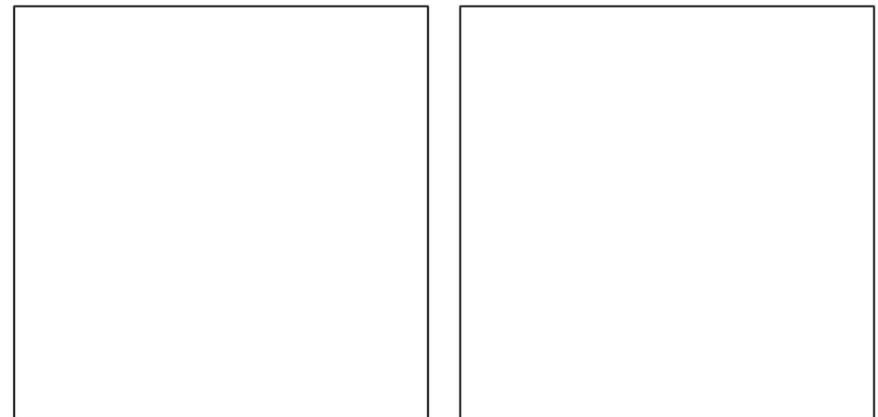
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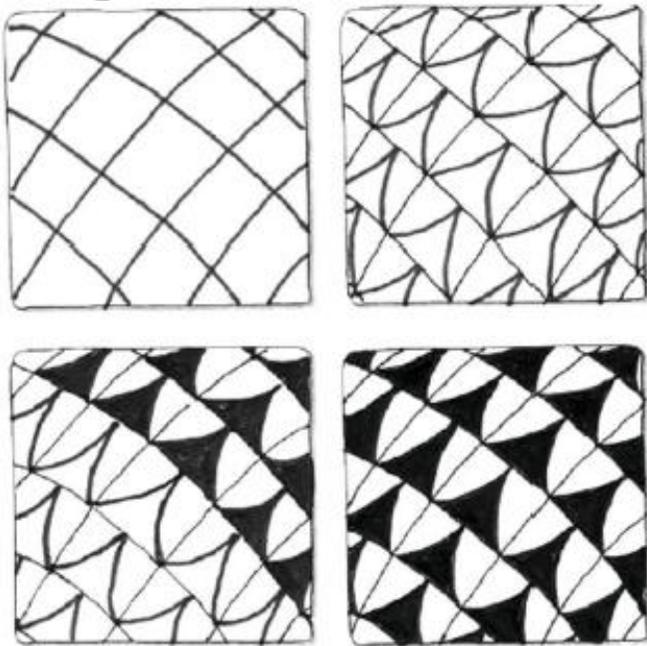
W V E B



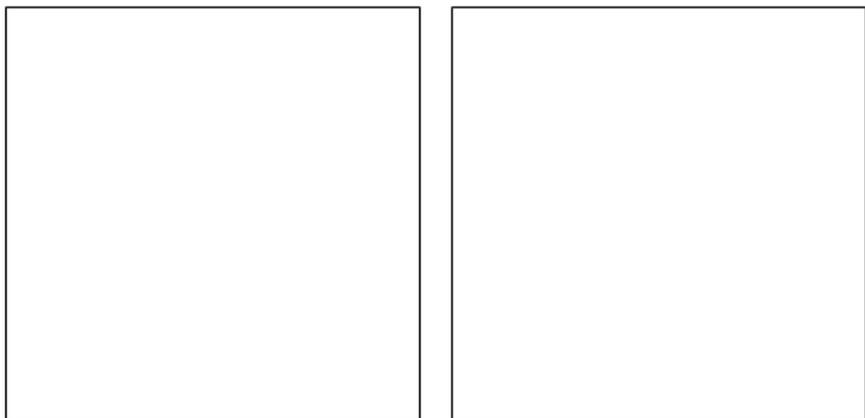
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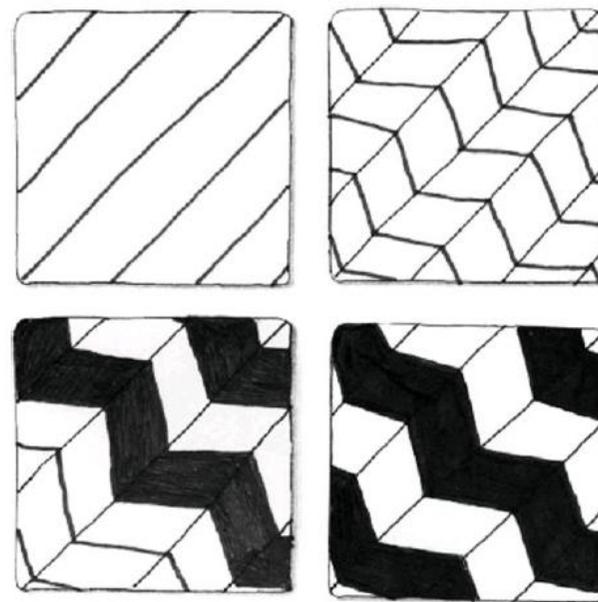
Flying geese



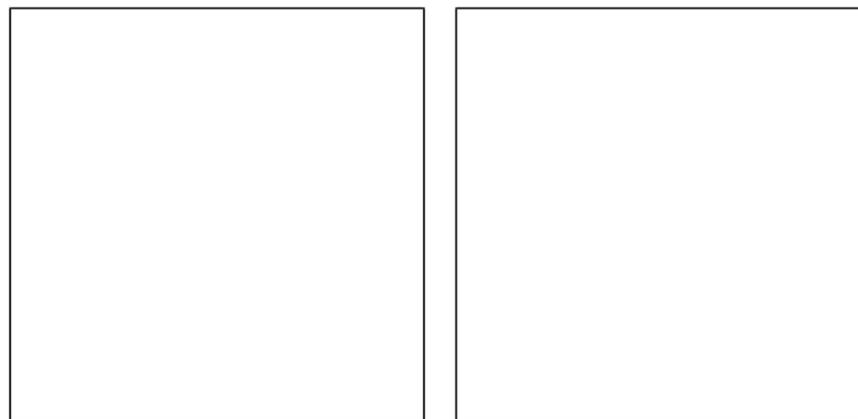
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Chevron



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Zentangles

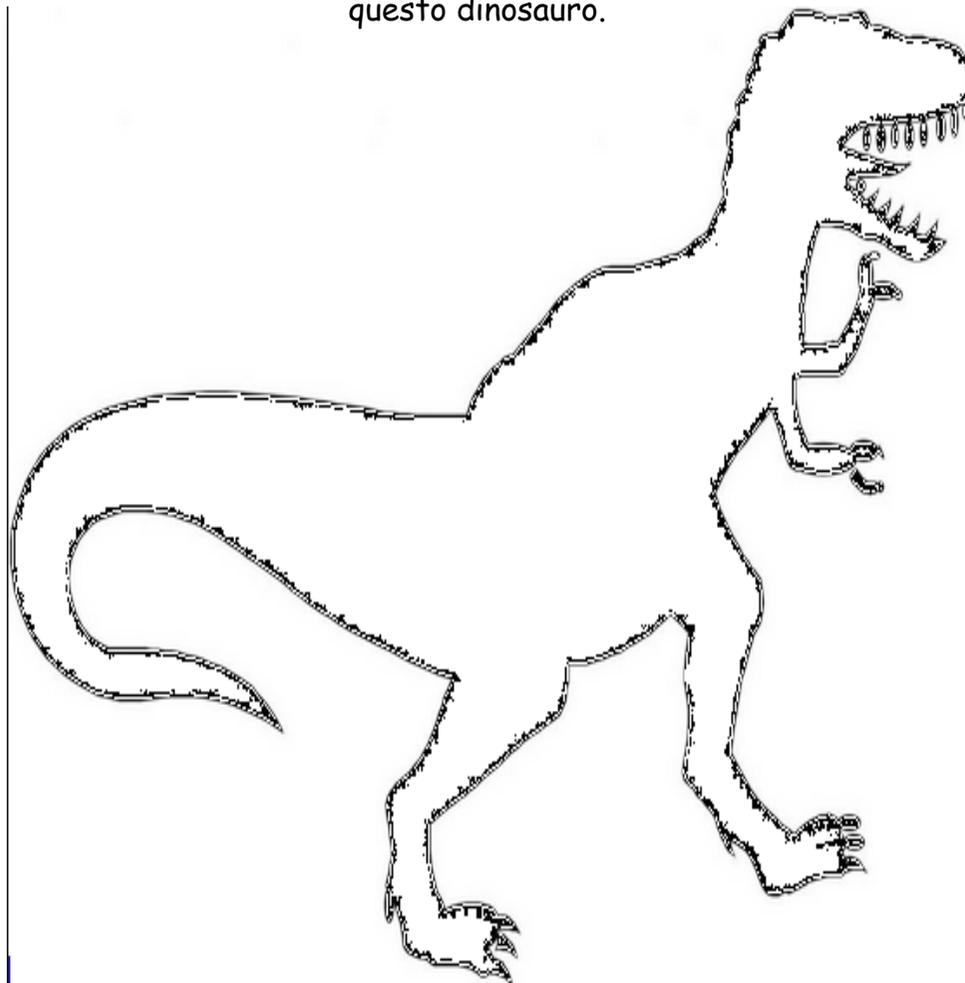
Usa le tecniche che hai imparato sino ad ora per colorare il muso di questo cagnolino. Dividi il disegno in settori e disegna i pattern in ogni spazio.

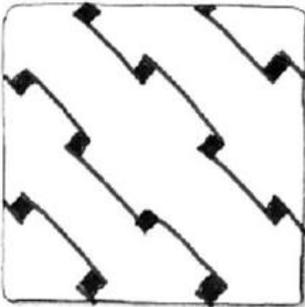
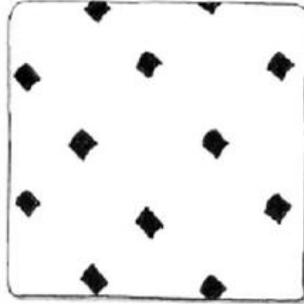
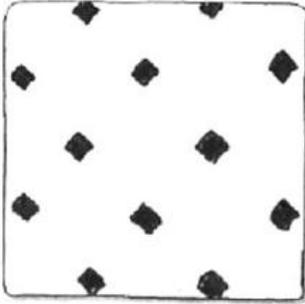
Ricordati di ripassare il contorno col pennarello nero.



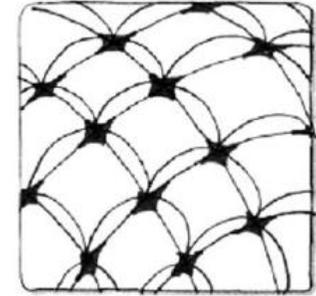
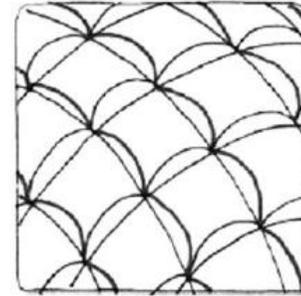
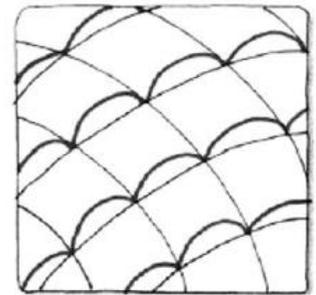
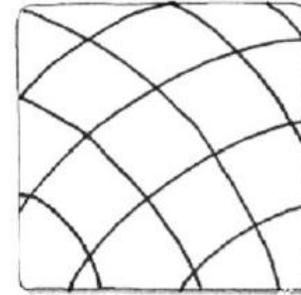
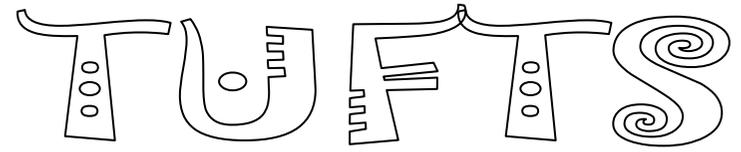
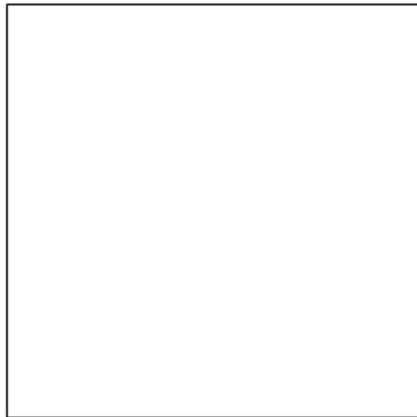
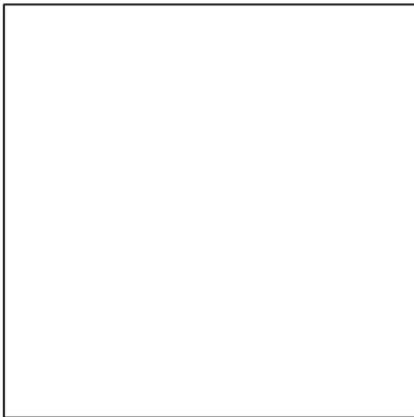
Zentangles

Usa i pattern sperimentati sino ad ora, per colorare questo dinosauro.

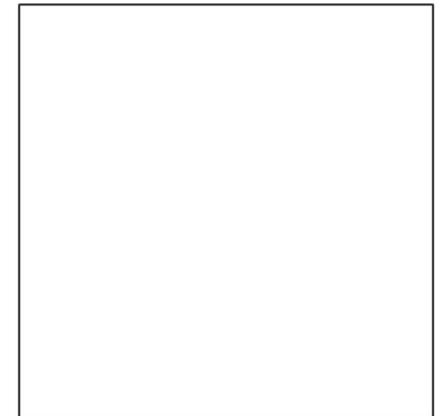
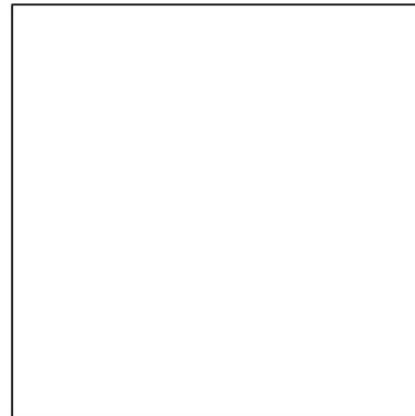




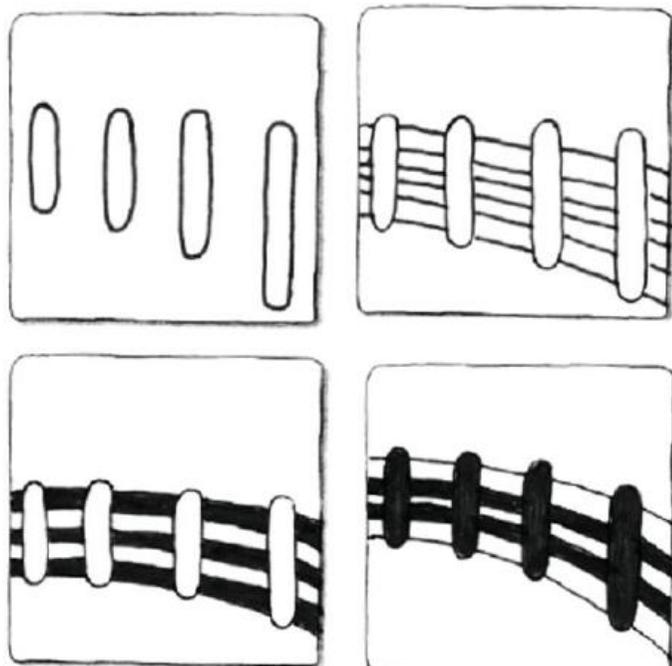
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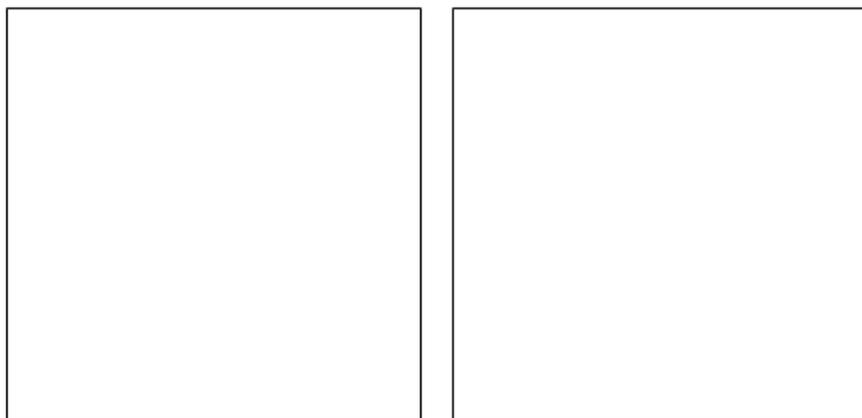
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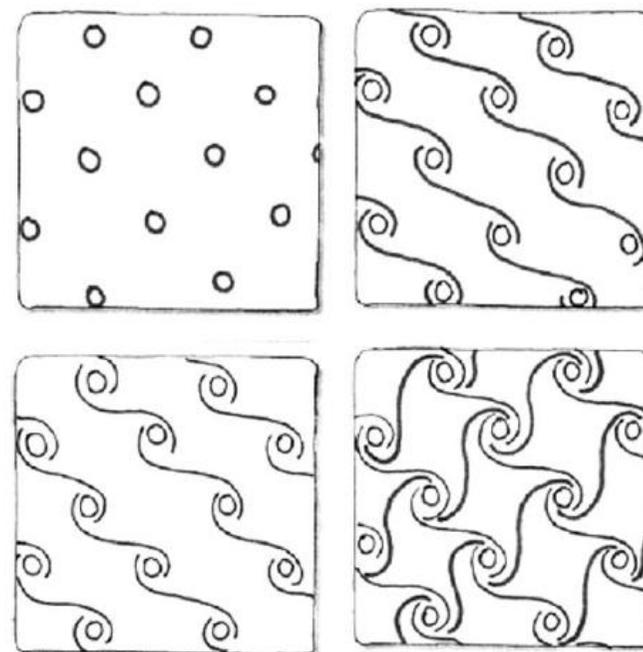
Fence



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Connectors



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